A ONE-PAGE SHEET

# Confessions

*Augustine of Hippo*

C. AD 397–400 · EDWARD BOUVERIE PUSEY, 1838

"*Thou madest us for Thyself, and our heart is restless, until it repose in Thee.*"

AUGUSTINE, BOOK I · EDWARD BOUVERIE PUSEY, 1838

## A restless heart

The book opens as prayer. Augustine says God made us for Himself, and the heart stays restless until it rests in God—not in praise, success, or a change of scene.

## Sin is more than a bad habit

The stolen pears of his youth matter because he loved the wrong itself, not because he was hungry. He is teaching how a will can love what it knows is empty.

## False light

For years he followed the Manichees, who promised a clear tale of good and evil. He later judges that this was a counterfeit light that could not heal his will.

## A mother an

Monica prays and
opens Paul, and h
meeting a long se

## Memory, tim

The later books t
the opening of G
a narrative of you

## Speaking bef

He writes so that
do the same. The
overhear and be h

## What a Christian reader should weigh

This is already a Christian book, and a great one. It is prayer before God, not a modern self-portrait to copy, and not a license for endless talk about oneself. Read his te
Church, as doctrine and not merely as a mood.